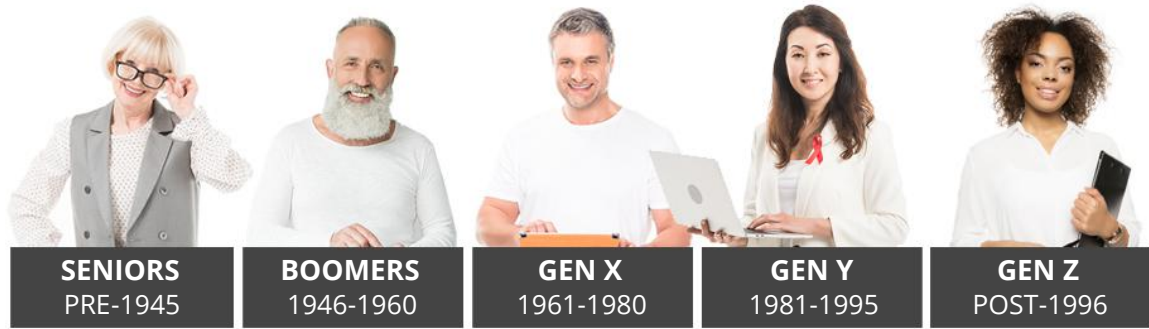




# Mentoring Program

## GENERATIONAL COMMUNICATION STYLES

As a mentor or a mentee, it's always worth having a think about which generation that person is from in terms of the likelihood of their communication preferences. It's not set in stone, and every person is different of course.



**GENERALLY  
PREFER TO  
CONNECT  
THIS WAY**

FORMAL LETTER	LANDLINE	EMAIL	MOBILE / TEXT	MOBILE / TEXT
FACE TO FACE	EMAIL	MOBILE / TEXT	EMAIL / SOCIAL	SOCIAL / VIDEO

