



# Mentoring Program

## ICE BREAKER QUESTIONS

Ice breaker questions are a good way to get started in getting to know your mentor or mentee. Too many ice breakers can feel like an interrogation, so best used casually and part of the overall conversation where appropriate. They can help create interest and get over that initial awkwardness that sometimes occurs.

- \* What is your current job?
- \* Where do you work and how long have you been there?
- \* What was your first job?
- \* Describe your usual work day.
- \* Where did you grow up?
- \* What schools did you go to?
- \* Do you have any siblings?
- \* What do you do in your spare time?
- \* What hobbies do you have?
- \* Do you have any pets?
- \* Where were you born?
- \* What countries have you visited?
- \* What is the favourite place you've visited?
- \* What is the most difficult part of your job?
- \* What are a couple of your favourite films?
- \* What are your favourite TV shows?
- \* What music do you like?
- \* What bands have you seen live?
- \* Are you a car person? What car do you drive?
- \* What advice would you give to your younger self?

