



# Mentoring Program

## MENTEE DO'S AND DON'TS

### DO

- \* Be open, ambitious and enthusiastic
- \* Take initiative
- \* Be respectful of time
- \* Self reflect
- \* Support your peers
- \* Keep your CV up to date
- \* Keep your LinkedIn profile up to date
- \* Dress appropriately, even in virtual meetings

### DON'T

- \* Be passive
- \* Be late for meetings
- \* Cancel meetings at short notice
- \* Be a perfectionist - everyone makes mistakes
- \* Come across as disorganized
- \* Forget to keep your journal up-to-date
- \* Hesitate to reach out to the program administrator if needed

